		Veld 1A		Veld 1B		Veld 2A		Veld 2B	
maandag	team	trainer	team	trainer	team	trainer	team	trainer	maandag
16:00 - 16:30									16:00 - 16:30
16:30 - 17:00									16:30 - 17:00
17:00 - 17:30									17:00 - 17:30
17:30 - 18:00			MD2	IJse	MB1	Michiel W			17:30 - 18:00
18:00 - 18:30			MD2	IJse	MB1	Michiel W			18:00 - 18:30
18.30 - 19.00	MB2	IJse			MB1	Michiel W			18.30 - 19.00
19:00 - 19:30	MB2	IJse	MB3	Jeroen					19:00 - 19:30
19:30 - 20:00			MB3	Jeroen					19:30 - 20:00
20:00 - 20:30	MA1	Jeroen	Jong Dames 1	Frank Buis	JA1	Michiel P			20:00 - 20:30
20:30 - 21:00	MA1	Jeroen	Jong Dames 1	Frank Buis	JA1	Michiel P			20:30 - 21:00
21:00 - 21:30	MA1	Jeroen	Jong Dames 1	Frank Buis	JA1	Michiel P			21:00 - 21:30
21:30 - 22:00									21:30 - 22:00

		Veld 1A		Veld 1B		Veld 2A		Veld 2B	
dinsdag	team	trainer	team	trainer	team	trainer	team	trainer	dinsdag
16:00 - 16:30									16:00 - 16:30
16:30 - 17:00							MD1	Beer/Mart	16:30 - 17:00
17:00 - 17:30							MD1	Beer/Mart	17:00 - 17:30
17:30 - 18:00							MD1	Beer/Mart	17:30 - 18:00
18:00 - 18:30	MC1	Mart	MC2	IJse	JB1	Jeroen	JC1	Beer	18:00 - 18:30
18:30 - 19:00	MC1	Mart	MC2	IJse	JB1	Jeroen	JC1	Beer	18:30 - 19:00
19:00 - 19:30	MC1	Mart	MC2	IJse	JB1	Jeroen	JC1	Beer	19:00 - 19:30
19:30 - 20:00									19:30 - 20:00
20:00 - 20:30									20:00 - 20:30
20:30 - 21:00									20:30 - 21:00
21:00 - 21:30									21:00 - 21:30
21:30 - 22:00									21:30 - 22:00

		Veld 1A		Veld 1B		Veld 2A		Veld 2B	
woensdag	team	trainer	team	trainer	team	trainer	team	trainer	woensdag
16:00 - 16:30	JJ F	Jeroen/Tom/JT	JJ F	Jeroen/Tom/JT					16:00 - 16:30
16:30 - 17:00	JJ F	Jeroen/Tom/JT	JJ F	Jeroen/Tom/JT					16:30 - 17:00
17:00 - 17:30	JD1	Jeroen					JJ E	Tom/JT	17:00 - 17:30
17:30 - 18:00	JD1	Jeroen			MB2	Ellen	JJ E	Tom/JT	17:30 - 18:00
18:00 - 18:30	Keepers D2,C2,B2,B3,A2	Frank Buis	Keepers E teams	Tom Reurink	MB2	Ellen	MB3	Jeroen	18:00 - 18:30
18:30 - 19:00	Keepers D2,C2,B2,B3,A2	Frank Buis	Keepers E teams	Tom Reurink	MB1	Ellen	MB3	Jeroen	18:30 - 19:00
19:00 - 19:30	Keepers B1, A1	Frank Buis	Keepers D1, C1	Tom Reurink	MB1	Ellen	JA1	Michiel P	19:00 - 19:30
19:30 - 20:00	Keepers B1, A1	Frank Buis	Keepers D1, C1	Tom Reurink	MB1	Ellen	JA1	Michiel P	19:30 - 20:00
20:00 - 20:30							JA1	Michiel P	20:00 - 20:30
20:30 - 21:00	D1	Frank Buis	Jong Dames 1	Frank Buis	Veteranen		Trimmers		20:30 - 21:00
21:00 - 21:30	D1	Frank Buis	Jong Dames 1	Frank Buis	Veteranen		Trimmers		21:00 - 21:30
21:30 - 22:00	D1	Frank Buis	Jong Dames 1	Frank Buis	Veteranen		Trimmers		21:30 - 22:00

		Veld 1A		Veld 1B		Veld 2A		Veld 2B	
donderdag	team	trainer	team	trainer	team	trainer	team	trainer	donderdag
16:00 - 16:30									16:00 - 16:30
16:30 - 17:00	MD1/MD2	Beer/Mart	MD1/MD2	Beer/Mart					16:30 - 17:00
17:00 - 17:30	MD1/MD2	Beer/Mart	MD1/MD2	Beer/Mart	MC1	IJse	MC1	IJse	17:00 - 17:30
17:30 - 18:00	MD1/MD2	Beer/Mart	MD1/MD2	Beer/Mart	MC1	IJse	MC1	IJse	17:30 - 18:00
18:00 - 18:30	MA1	Jeroen	JB1	Michiel W	MC1	IJse	JC1	Beer	18:00 - 18:30
18:30 - 19:00	MA1	Jeroen	JB1	Michiel W			JC1	Beer	18:30 - 19:00
19:00 - 19:30	MA1	Jeroen	JB1	Michiel W			JC1	Beer	19:00 - 19:30
19:30 - 20:00									19:30 - 20:00
20:00 - 20:30									20:00 - 20:30
20:30 - 21:00									20:30 - 21:00
21:00 - 21:30									21:00 - 21:30
21:30 - 22:00									21:30 - 22:00

		Veld 1A		Veld 1B		Veld 2A		Veld 2B	
vrijdag	team	trainer	team	trainer	team	trainer	team	trainer	vrijdag
16:00 - 16:30									16:00 - 16:30
16:30 - 17:00									16:30 - 17:00
17:00 - 17:30					MC2	Michiel W			17:00 - 17:30
17:30 - 18:00					MC2	Michiel W			17:30 - 18:00
18:00 - 18:30	JD1	Michiel W							18:00 - 18:30
18:30 - 19:00	JD1	Michiel W			Keepers JD1, H1	Frank Buis			18:30 - 19:00
19:00 - 19:30	JD1	Michiel W			Keepers JD1, H1	Frank Buis			19:00 - 19:30
19:30 - 20:00					Keepers JD1, H1	Frank Buis			19:30 - 20:00
20:00 - 20:30									20:00 - 20:30
20:30 - 21:00									20:30 - 21:00
21:00 - 21:30									21:00 - 21:30
21:30 - 22:00									21:30 - 22:00